

Career

Network

Wellbeing

**In search of someone
to **support you** on your
journey into adulthood?**

Studies

Leisure

Future

Get matched with an adult volunteer!

As a young person with an ethnic minority background in Denmark, you are at an important point in your life where you are finding your way in Danish society and discovering what you can and want for your future. Through *Friends Show the Way*, we can match you with an adult who will support you in your everyday life, listen without judgment, and with whom you can share experiences, thoughts and worries, depending on your wishes and needs.

The offer applies to everyone between 18 and 24 years old, regardless of whether you have just arrived in Denmark, have lived here for several years or were born here.

What can a volunteer offer?

The volunteer is an ordinary adult in your local area. They are not employed or paid, but merely wants to support you out of their own will and interest. Depending on you, the volunteer can, among other things:

- Be a supportive and trusted person to talk to in your everyday life
- Help with questions about education, career and life in general in Denmark
- Be someone to do social activities with
- Introduce you to other young people and local leisure activities
- Practice Danish through conversation and help with homework or studies
- Explain opportunities and rules in Danish society

Where and how often?

Most matches meet for a couple of hours a week or every other week. You can agree on this together at your first meeting, which a volunteer coordinator will also attend. A match can last from six months to several years, and you can end it at any time or be matched with a new volunteer. It is up to you where you meet, but it could be at the library, the language center, out in nature or somewhere else.

Does it sound interesting?

Follow the QR-code, or visit
www.vennerviservej.dk

