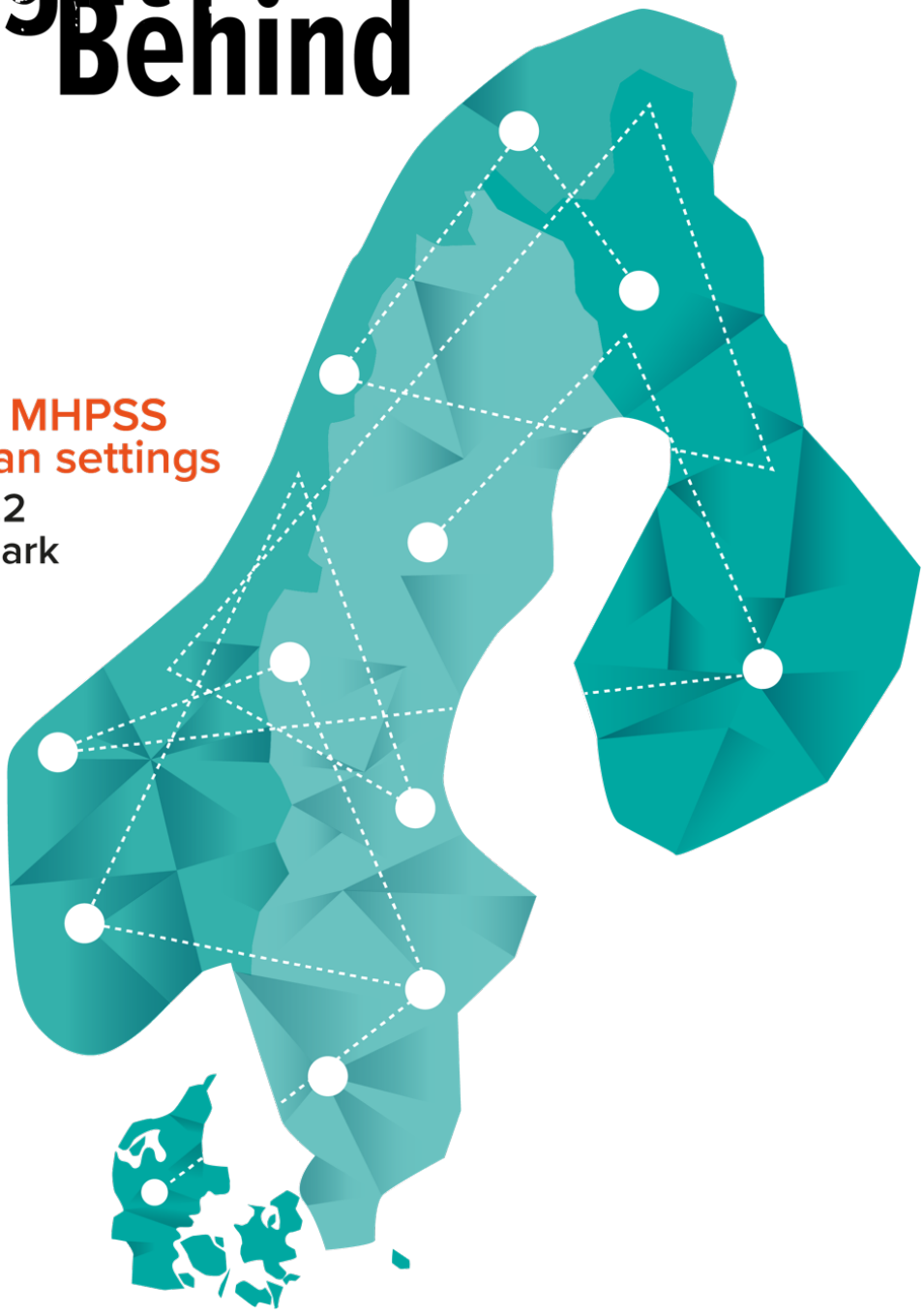
A HUMAN Right Left Behind



Nordic Conference on MHPSS in fragile and humanitarian settings

29-30 August 2022
Copenhagen, Denmark



"Good mental health and psychosocial support is critical for the health and wellbeing of individuals, families and societies at large. As an educated nurse, former spokesman on health and now as both the Minister for Development Cooperation and as the Minister for Nordic Cooperation, I am thrilled that the Danish Ministry of Foreign Affairs co-hosts this important conference, bringing together representatives from the Nordic countries as well as key stakeholders from both the United Nations, civil society, researchers and the private sector. We must work across sectors to address the issues at hand!"

Flemming Møller Mortensen
Danish Minister of Development and Nordic Cooperation, Ministry of Foreign Affairs of Denmark

UDENRIGSMINISTERIET
Ministry of Foreign Affairs of Denmark

"Every day, we humanitarians are confronted with the extensive unmet mental health and psychosocial needs of the people we serve. Every day, we humanitarians are confronted with the extensive unmet mental health and psychosocial needs of the people we serve. Needs that increase dramatically during armed conflicts, natural disasters and other emergencies. As Danish Red Cross we continue to work for attention to these needs with a strong commitment to the dignity and human rights of those we serve. A commitment we share in the Nordic region. Together we have created a momentum. Here in the region – but also well beyond, where so many people globally have mobilized around the mental health and psychosocial wellbeing of crisis affected people. This conference marks the beginning of a Nordic network of actors and action to ensure we deliver on a joint commitment to the people facing crisis and traumatic experiences across the world."

Anders Ladekarl
Secretary General, Danish Red Cross

DANISH
RED
CROSS

ACKNOWLEDGEMENTS

Hosts:

Flemming Møller Mortensen, Minister for Development Cooperation (Danish Ministry of Foreign Affairs)

Anders Ladekarl, Secretary General (Danish Red Cross)

Organisers:

Denmark: Louise Piel McKay and Louise Steen Kryger (Danish Red Cross), Minna Højland (Save the Children Denmark)

Sweden: Peter Brune, Stephen O'Donnell, and Ellen Lindahl (War Child Sweden)

Norway: Heidi Westborg Steel (ICDP Norway)

Global: Marie Dahl, Ashley Nemiro, Louise Juul Hansen, and Victor Ugo (MHPSS Collaborative), Carsten Strandlod (IFRC PS Center)

Track Chairs:

Track 1: Heidi Westborg Steel (ICDP Norway) and Louise Steen Kryger (Danish Red Cross)

Track 2: Carsten Strandlod and Sarah Harrison (IFRC PS Center)

Track 3: Minna Højland (Save the Children Denmark) and Peter Brune (War Child Sweden)

Track 4: Louise Piel McKay and Louise Steen Kryger (Danish Red Cross)

Track 5: Marie Dahl, Ashley Nemiro, and Louise Juul Hansen (MHPSS Collaborative) and Paul Frisoli (LEGO Foundation)

Drafting Committee:

Louise Piel McKay (Danish Red Cross), Minna Højland (Save the Children Denmark), Louise Juul Hansen (MHPSS Collaborative), Maite Zamacona (Swedish Red Cross), Trine Riis-Hansen (SOS Children's Villages – Norway)

Special thank you to:

Master of Ceremonies: Carmen Valle-Trabadelo (co-chair IASC MHPSS Reference Group)

Lead Coordinator: Lena Schulhofer (Danish Red Cross)

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BACKGROUND

Mental health and psychosocial well-being are essential to secure the overall health and quality of life of children, youth, their families and communities, as well as for the peace and prosperity of our societies. Mental health promotion is closely linked to the 2030 Agenda for Sustainable Development, particularly Sustainable Development Goal #3: Good health and well-being for all, at all ages. There is also a strong association between mental health and poverty resulting from the inadequate realisation of human rights, such as the right to work in just and favourable conditions, the right to social protection, the right to physical and mental health, and the right to education and cultural freedom. We also know that mental health and wellbeing positively contributes to better learning and health outcomes in addition to earning potential.

Sudden and protracted crises have profound immediate and long-term effects on the mental health and psychosocial wellbeing of millions worldwide. These effects can result from direct exposure to distressing or life-threatening circumstances or indirectly from the disrupted delivery of goods and services or undermined educational and employment opportunities and sociocultural support. While the humanitarian sector has made great progress building up knowledge and capacity on effective, sustainable, and culturally appropriate mental health and psychosocial support (MHPSS) systems and services, the need and demand for MHPSS has skyrocketed, leaving low-, middle-, and high-resource communities underserved, but especially those in fragile or humanitarian settings. It is clear that addressing mental health and psychosocial needs early and throughout the life course, before, during, and after a crisis has life-saving implications. Evidence shows that mainstreaming MHPSS across sectors has robust, positive effects on learning, earning, and health outcomes. Yet, the funding allocated worldwide to treat and prevent mental health conditions and promote and protect mental health and psychosocial wellbeing falls far below the aid appropriated to medical care for other health conditions.

Multi-level stakeholders and actors across the Nordic region stand by their common belief that equitable access to quality MHPSS is a fundamental right. Representatives from civil society, academia, ministerial offices, donor organisations, and UN and government agencies from across the region decided to form a Nordic network on MHPSS to leverage their collective strengths to spur a sea change in the level of investment and prioritisation given to MHPSS in fragile and humanitarian settings. Drawing on their complementarity as a region when it comes to child-, youth-, and family-centred values and approaches, they are co-creating a 2030 Road Map that puts the mental health and psychosocial needs and wellbeing of children, youth, families, and communities at the centre of humanitarian response, prevention, and preparedness, to ensure no one is left behind.

DAY 1 PROGRAM

DATE: MONDAY, 29 AUGUST 2022
TIME: 09:00 – 17:30
VENUE: EIGTVEDS PAKHUS, STRANDGADE 25D, 1401
AFTER HOURS: REFFEN – COPENHAGEN STREET FOOD, REFSHALEVEJ 167, UNIT A

08:00 – 08:45	**Check-in**	**Front entrance**
	Please arrive between 08:00-08:45 to check-in. Coffee, tea, and croissants will be available for all delegates.	
09:00 – 10:15	**Opening Ceremony**	**Level 2, Room II**
	Welcome Address **Anders Ladekarl** | Secretary General, Danish Red Cross **Stephan Schønemann** | Under Secretary for Development, Ministry of Foreign Affairs of Denmark	
	Opening Panel: State of the World – what is the situation? **Moderator: Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre **Speakers:** **David Karorero** | Representative, Youth Advisory Committee **Natasha Azzopardi-Muscat** | Director of the Division of Country Health Policies and Systems, World Health Organisation – Europe **Pernilla Baralt** | Secretary General, UNICEF Sweden	
	Opening Panel: Milestones – what are we building on? **Moderator: Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre **Speakers:** **Johanne Schmidt-Nielsen** | Secretary General, Save the Children Denmark **Martin Ärnlöv** | Secretary General, Swedish Red Cross **Renet van der Waals** | MHPSS Coordinator, Ministry of Foreign Affairs – the Netherlands **Yasmine Sherif** | Director, Education Cannot Wait **Paul Fife** | Director, Department for Human Development, Norwegian Agency for Development Cooperation (Norad)	
10:15 – 10:45	**Refreshment break**	**Level 1, Atrium**

Track 1: Localisation and Systems Strengthening

Hosted by Danish Red Cross



10:45 – 11:35	**Plenary: Panel Discussion**	**Level 2, Room II**

Multi-level systems strengthening: Community and national engagement and entry points

Moderator: **Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre

Speakers:

Anna Didenko | Head of MHPSS Unit, Ukrainian Red Cross Society

Melita Murko | Technical Officer, Mental Health Programme | World Health Organisation Regional Office for Europe

Rabih El Chammay | Head of the National Mental Health Programme | Ministry of Health Lebanon

11:35 – 11:45	**Transition**	
11:45 – 12:30	**Breakout Discussions**	

"It starts in the classroom" – The right to well-being — Level 2, Room II (Plenary hall)

Co-facilitators:

Monette Indahl | Programme Director, ADRA Norway

Camilla Lodi | Head of Global Psychosocial Support Unit, Norwegian Refugee Council

The invisible: Boys and men exposed to sexual gender-based violence – how can we provide psychosocial support? — Level 1, Room 9

Facilitator: **Elisabeth NG Langdal** | Executive Director, Mental Health and Human Rights Info

Dilemmas linked to MHPSS in migration — Level 1, Room 4

Co-facilitators:

Louise Steen Kryger | MHPSS Lead, Danish Red Cross

Mette Schmidt | Senior Advisor on Migration, Danish Red Cross

How to build a national system from scratch? – MHPSS in Nepal after the 2015 earthquake — Level 1, Room 5

Facilitator: **Heidi Westborg Steel** | Chief Executive Officer, ICDP Norway
Presenters:
Kedar MARAHATTA | Psychiatrist, World Health Organisation Nepal
Ståle Stavrum | International Programme Director, FORUT

MHPSS system-strengthening: The role and value of investing in staff and volunteer capacity — Level 1, Room 6

Facilitator: **Maite Zamacona Aguirre** | Senior Advisor, Swedish Red Cross
Presenters:
Anna Didenko | Head of MHPSS Unit, Ukrainian Red Cross Society
Johanna Lönn | Advisor Emergency Health, Swedish Red Cross
Lisa Henry | Director, International Rehabilitation Council for Torture Victims

Caring for staff and volunteers: improving systems of support — Level 1, Room 10

Facilitator: **Pernille Hansen** | Senior MHPSS Technical Advisor, MHPSS Collaborative

12:30 – 13:30 Lunch — **Ground, Room C**

Track 2: Interventions

Hosted by IFRC PS Centre



13:30 – 14:20 Plenary: Fireside Chat — **Level 2, Room II**

Current, new, and emerging evidence and trends in practice and research on multi-level interventions in emergencies

Moderator: **Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre
Speaker: **Frédérique Vallieres** | Professor, Trinity College Dublin

14:20 – 14:30 Transition

14:30 – 15:15 Breakouts Discussions

Education in emergencies and MHPSS — Level 2, Room II (Plenary hall)

Facilitator: **Helle Gudmandsen** | Head of International Education and Youth Engagement, Save the Children Denmark

Presenters:

Jill Popp | Senior Evidence Specialist, LEGO Foundation

Semine Petersen | Early Childhood Education and Play Specialist, Education Cannot Wait

Viktor Kjeldgaard Grønne | Senior Programme Manager for Education and Early Learning, Plan Børnefonden Denmark

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Survivor-centred MHPSS: Applying a human rights-based approach and gender lens for providing MHPSS to survivors of GBV — Level 1, Room 4

Facilitator: **Henia Dakkak** | Head of Policy and Liaison Unit, UNFPA – Humanitarian Office

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Leave no one behind: MHPSS for migrants in emergencies — Level 1, Room 5

Facilitator: **Guglielmo Schinina** | Head of the Global Section on Mental Health, Psychosocial Response and Intercultural Communication, International Organisation for Migration

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Faith-sensitive psychosocial approaches in humanitarian emergencies — Level 1, Room 6

Facilitator: **Prudence Atukunda Friberg** | Senior Thematic Advisor - CBPS, Church of Sweden, ACT Alliance

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Building and sustaining MHPSS in fragile and humanitarian contexts: Training and supporting non-specialist providers — Level 1, Room 9

Facilitator: **Jessica Lambert** | Senior Researcher, DIGNITY

Scaling up effective MHPSS interventions within a large federation — Level 1, Room 10

Facilitator: **Orso Muneghina** | Head of Global Programme Expert Group on MHPSS, SOS Children's Villages International

Presenter: **Mark Jordans** | Professor, University of Amsterdam

15:15 – 15:45 Refreshment Break — Level 1, Atrium

Track 3: Child-, Youth-, and Caregiver-focused MHPSS

Hosted by Save the Children Denmark and War Child Sweden



15:45 – 16:35 Plenary Panel Discussion — Level 2, Room II

Children and youth growing up in multiple adversities: A holistic approach to well-being and resilience in humanitarian action

Moderator: **Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre

Speakers:

Mette Thygessen | Head of Humanitarian Action, Civil Society, and Engagement, Ministry of Foreign Affairs of Denmark

Morten Skovdal | Professor, University of Copenhagen

Sofia Calltorp | Swedish Ambassador for Gender Equality and Feminist Foreign Policy Coordinator, Ministry of Foreign Affairs of Sweden

Ragnhild Dybdahl | Director, Norwegian Public Health Institute

16:35 – 16:45 Transition

16:45 – 17:30 Breakouts Discussion

Digital education for people on the move — Level 1, Room 4

Facilitator: **Peter Brune** | Secretary-General, War Child Sweden

Presenters:

Lynda Kigera | Global Education Technology Advisor, Norwegian Refugee Council

Yasmine Sherif | Director, Education Cannot Wait

From girlhood to womanhood: MHPSS implications — Level 1, Room 5

Facilitator: **Elisabeth Dahlin** | Ombudsperson for Children, Ministry of Health and Social Affairs of Sweden

Presenters:

Anna Eliasson | Programme Advisor, Eriks Development Partner

Kimberly Howe | Research Professor, Tufts University

Adolescent and youth participation in MHPSS services in fragile settings – Why and How! — Level 2, Room II (Plenary Hall)

Facilitator: **Victor Ugo** | MHPSS and Equity Advisor, MHPSS Collaborative

Presenters:

Charlotte Geneser | Representative, Youth Advisory Committee
Dady de Maximo Mwicira-Mitari | Representative, Youth Advisory Committee
David Karorero | Representative, Youth Advisory Committee
Ella Marie Roll-Hansen | Representative, Youth Advisory Committee
Rozy Kassab | Representative, Youth Advisory Committee

Where have all the parents gone? Level 1, Room 9

Facilitator: **Ragnhild Dybdahl** | Director, Norwegian Public Health Institute

Presenters:

Heidi Westborg Steel | CEO, ICDP Norway
Mark Jordans | Professor, University of Amsterdam

A feminist approach to MHPSS? – Intersections between and possibilities of a Feminist Foreign Policy and MHPSS Level 1, Room 6

Facilitator: **Sofia Calltorp** | Swedish Ambassador for Gender Equality and Feminist Foreign Policy Coordinator, Ministry of Foreign Affairs of Sweden

Presenter: **Celeste Matross** | Country Director, REPSSI South Africa

Climate change impacts on the mental health of young people: A neglected aftershock Level 10, Room 10

Facilitator: **Morten Skovdal** | Professor, University of Copenhagen

18:30-20:30 After hours event at Reffen — Refshalevej 167 Unit A

Please join the organisers after Day 1 at Reffen – an outdoor venue featuring numerous stalls with delicious cuisine from around the world.

We have tables reserved in Reffen's *Little Village* for all delegates to eat, drink, and relax after the long day. Those who join us will receive a pre-paid card with 200 kr. to cover one meal and one drink. The rest is on you. Please find Lena at Reffen to receive your card.

Reffen is approximately 3.5km from the venue and can easily be reached by foot (wear or bring comfortable shoes!), bus (2A), or taxi.

DAY 2 PROGRAM

DATE: TUESDAY, 30 AUGUST 2022
VENUE: EIGTVEDS PAKHUS, STRANDGADE 25D, 1401
TIME: 09:00 – 16:00
AFTER HOURS: 16:00-17:00 RECEPTION (AT VENUE)

08:30 – 09:00	**Check-in**	**Front Entrance**
09:00 – 09:10	**Welcome remarks**	**Level 2, Room II**

Track 4: Cross-sectoral Integration and Coordination

Hosted by Danish Red Cross



09:10 – 10:00	**Plenary Panel Discussion**	**Level 2, Room II**

MHPSS mainstreaming and coordination

Moderator: **Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre

Speakers:

Fahmy Hanna | Co-chair IASC MHPSS Reference Group, World Health Organisation

Guglielmo Schinina | Head of the Global Section on Mental Health, Psychosocial Response and Intercultural Communication, International Organisation for Migration

Henia Dakkak | Head of Policy and Liaison Unit, Humanitarian Office, United Nations Population Fund

10:00 – 10:10	**Transition**	
10:10 – 10:55	**Breakouts Discussions**	

Research-based evidence on MHPSS in education in emergencies — Level 2, Room II (Plenary hall)

Co-facilitators:

Ashley Nemiro | Acting Director, MHPSS Collaborative

Camilla Lodi | Head of Global Psychosocial Support Unit, Norwegian Refugee Council

Jon-Håkon Schultz | Professor, The Arctic University of Norway / University of Tromsø

Enhancing integration of high-quality MHPSS services into contextually relevant and survivor-centred prevention and response to GBV — Level 1, Room 5

Facilitator: **Rikke Fredberg** | Gender and Age Focal Point, European Commission's Directorate-General for Civil Protection and Humanitarian Aid (DG ECHO)

Infant and young children's mental health matters: The importance of cross-coordination in line with the Nurturing Care Framework — Level 1, Room 6

Facilitator: **Anita Anastacio** | Special Initiatives Director, LEGO Foundation

Presenters:

Anne-Sophie Dybdal | Senior MHPSS Technical Advisor, Save the Children Denmark

Anne Filorizzo Pla | Acting MHPSS Global Lead, Save the Children Denmark

Using humour, play, and games to mobilize communities: A participatory workshop on engaging children in disaster preparation, response, and climate change — Level 1, Room 9

Facilitator: **Ea Suzanne Akasha** | Technical Advisor, IFRC PS Centre

Presenter: **Pablo Suarez** | Associate Director of Research and Innovation, IFRC Climate Centre

Humanitarian diplomacy: Building a strong case for MHPSS in emergencies — Level 1, Room 4

Co-facilitators:

Dick Clomén | Head of Humanitarian Diplomacy, IFRC

Louise Piel Mckay | Senior Humanitarian Policy Advisor, Danish Red Cross

Presenters:

Salah Haghgo | CEO, Salah Haghgo

Sarah Kline | Director, United for Global Mental Health

The political economy of MHPSS — Level 1, Room 10

Facilitator: **Olivia Biermann** | Post-doctoral Researcher, Karolinska Institutet / Lancet Youth Commission

10:55 – 11:25 **Refreshment break** — **Level 1, Atrium**

Track 5: Innovative Approaches

Hosted by MHPSS Collaborative and LEGO Foundation



11:25 – 12:20 Plenary Panel Discussion — Level 2, Room II

The value of failure: Innovation as an accelerator to decrease gaps and create sustainable and scalable solutions in MHPSS

Moderator: **Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre

Speakers:

Ebele Mogo | Founder, ERIM Consulting

Olusoji Victor Ladele | Innovation Manager in Mental Health and Psychosocial Wellbeing, UNICEF Office of Global Innovation

Wietse Tol | Professor, University of Copenhagen

12:20 – 12:30 Transition

12:30 – 13:15 Breakouts Discussion

Co-creating and piloting innovation in education and MHPSS — Level 1, Room 5

Facilitator: **Bilal Almobarak** | CEO, Support Group Network

Building evidence through innovative collaboration — Level 1, Room 6

Facilitator: **Wietse Tol** | Professor, University of Copenhagen

Presenters:

Charlotte Kærgaard Sonne | Post-doctoral Researcher, Competence Centre for Transcultural Psychiatry

Peter Brune |Secretary-General, War Child Sweden

Making MHPSS available to displaced families: Funding and scaling in crisis settings — Level 1, Room 4

Facilitator: **Kay Lankreijer** | Lead MHPSS and Programme Coordinator, Bernard van Leer Foundation

Presenters:

Gabriella Brent | Head of Programmes, Amna

Mohamed Osman | CEO, Spring Impact

From lived experience to disruptive storytelling: An innovative approach to facing mental health stigma — Level 1, Room 9

Facilitator: **Jimmy Westerheim** | CEO and Founder, The Human Aspect
Presenters:
Victor Ugo | MHPSS and Equity Advisor, MHPSS Collaborative
Victorya Lunde | Head of Marketing, The Human Aspect

A portfolio approach to MHPSS innovation — Level 1, Room 10

Facilitator: **Olusoji Victor Ladele** | Innovation Manager in Mental Health and Psychosocial Wellbeing, UNICEF Office of Global Innovation
Presenter: **Karin Strömstedt Johansson** | Policy and Advocacy Advisor, 2030 Agenda, UNICEF Sweden

Healing through play: Equipping play facilitators with basic psychosocial support skills — Level 2, Room II (Plenary hall)

Co-facilitators:
Ashley Nemiro | Acting Director, MHPSS Collaborative
Paul Frisoli | Senior Programme Specialist, LEGO Foundation
Presenters: **Oksana Roma** | Initiatives Lead, LEGO Foundation

13:15 – 14:15 Lunch — Ground, Room C

Donor Coordination Lunch (by invitation only) — Level 1, Room 10
Hosted by Queen Silvia Foundation – Care for the Children

14:15 – 15:15 High-level Segment — Level 2, Room II

Youth Advisory Committee Address

Rozy Kassab | Representative, Youth Advisory Committee

Ministerial Panel

Moderator: **Carmen Valle-Trabadelo** | Co-chair IASC MHPSS Reference Group, IFRC PS Centre
Speakers:
Stephan Schønemann | Under Secretary for Development, Ministry of Foreign Affairs of Denmark
Helen Eduards | Director General, International Development Cooperation at the Ministry of Foreign Affairs of Sweden
Gunn Jorid Roset | Deputy Director General, Ministry of Foreign Affairs of Norway

15:15 – 16:00 Closing Ceremony — Level 2, Room II

Reflections

Facilitator: Carmen Valle-Trabadelo | Co-chair IASC MHPSS Reference Group, IFRC PS Centre

Reflections by:

Anne-Birgitte Albrectsen | CEO, LEGO Foundation

Ella Marie Roll-Hansen | Representative, Youth Advisory Committee

Salah Haghgo | CEO, Salah Haghgo

Anders Nordström | Global Health Ambassador, Ministry of Foreign Affairs of Sweden

Closing Remarks

Flemming Møller Mortensen | Minister of Development and Nordic Cooperation, Ministry of Foreign Affairs of Denmark

Anders Ladekarl | Secretary General, Danish Red Cross

16:00 – 17:00 Reception — Level 2, Atrium

